



18 December 2024

ASX RELEASE

Updated Appendix 3Y

The Calmer Co. International Limited (ASX:CCO), a health and wellness company focussing on natural products that promote calmness, support mind & muscle relaxation and improve sleep, provides an update to the Appendix 3Y for Mr Anthony Noble lodged on 12 December 2024 and Mr Griffon Emose lodged on 13 December 2024.

The updated Appendix 3Ys are lodged to reflect the changes due to an administrative oversight.

Griffon Emose – No. of securities held prior to change
Anthony Noble – No. of directly held FPOS held after change

This announcement has been authorised for release by the Board of Directors of The Calmer Co International Limited.

ends



for further information, please contact

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about The Calmer Co.

The Calmer Co. International Limited (ASX:CCO), provides natural solutions to calm nerves, support mind and muscle relaxation and induce sleep. The product range includes drinking powders, teas, shots, concentrates and capsules. Sold under our house of brands: Fiji Kava, Taki Mai and Danodan Hempworks in markets including USA, Australia, China New Zealand, and Fiji. The company is also the distributor of Leilo kava drinks in the Fiji Islands.

forward looking statements

This ASX release includes certain forward-looking statements that are based on information and assumptions known to date and are subject to various risks and uncertainties. Actual results, performance or achievements could be significantly different from those expressed in, or implied by, these forward-looking statements. Such forward-looking statements are not guarantees of future performance and involve known and unknown risks, uncertainties, and other factors, many of which are beyond the control of Fiji Kava. These factors may cause actual results to differ materially from those expressed in the statements contained in this announcement.

Appendix 3Y

Change of Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/09/01 Amended 01/01/11

Name of entity	The Calmer Co International Limited
ACN	169 441 874

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	Anthony Noble
Date of last notice	5 September 2024

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

Direct or indirect interest	Indirect and Direct
Nature of indirect interest (including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest.	Mr Noble is a director of Tanano Pty Ltd atf The Noble Family Trust and a beneficiary of the trust
Date of change	10 December 2024
No. of securities held prior to change	Direct: 7,650,000 FPOS Indirect: 2,666,749 FPOS held by Tanano Pty Ltd 582,885 CCOOA Options held by Tanano Pty Ltd
Class	Fully Paid Ordinary Shares (FPOS) CCOOA Options
Number acquired	4,772,880 FPOS 2,386,440 CCOOA Options
Number disposed	3,318,167 FPOS

+ See chapter 19 for defined terms.

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Change of Director's Interest Notice

<p>Value/Consideration Note: If consideration is non-cash, provide details and estimated valuation</p>	<p>4,772,880 FPOS \$0.006 per share 2,386,440 CCOOA Options - nil 3,318,167 FPOS \$0.006 per share</p>
<p>No. of securities held after change</p>	<p>Direct: 9,104,713 FPOS 2,386,440 CCOOA Options</p> <p>Indirect: 2,666,749 FPOS held by Tanano Pty Ltd 582,885 CCOOA Options held by Tanano Pty Ltd</p>
<p>Nature of change Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back</p>	<p>4,772,880 FPOS 2,386,440 CCOOA Options Allocation of shares and options pursuant to the rights offer top up placement approved at the 2024 AGM</p> <p>3,318,167 FPOS On market trade equal to the income tax liability arising from the grant of shares in the Rights Issue via Salary Sacrifice</p>

Part 2 – Change of director's interests in contracts

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

<p>Detail of contract</p>	<p>N/a</p>
<p>Nature of interest</p>	
<p>Name of registered holder (if issued securities)</p>	
<p>Date of change</p>	
<p>No. and class of securities to which interest related prior to change Note: Details are only required for a contract in relation to which the interest has changed</p>	
<p>Interest acquired</p>	
<p>Interest disposed</p>	

+ See chapter 19 for defined terms.

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Value/Consideration Note: If consideration is non-cash, provide details and an estimated valuation	
Interest after change	

Part 3 – +Closed period

Were the interests in the securities or contracts detailed above traded during a +closed period where prior written clearance was required?	No
If so, was prior written clearance provided to allow the trade to proceed during this period?	
If prior written clearance was provided, on what date was this provided?	

18 December 2024

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Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/09/01 Amended 01/01/11

Name of entity	The Calmer Co International Limited
ACN	169 441 874

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	Griffon Emose
Date of last notice	8 July 2024

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

Direct or indirect interest	Direct
Nature of indirect interest (including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest.	
Date of change	10 December 2024
No. of securities held prior to change	7,703,703 FPOS 962,962 Options
Class	Fully Paid Ordinary Shares (FPOS) CCOOA Options
Number acquired	1,434,023 FPOS 717,011 CCOOA Options 5,714,286 FPOS
Number disposed	-
Value/Consideration Note: If consideration is non-cash, provide details and estimated valuation	1,434,023 FPOS - \$0.004 717,011 CCOOA Options - Nil 5,714,286 FPOS - Non-cash - (director fees, \$40,000 calculated at VWAP of 0.007)

+ See chapter 19 for defined terms.

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Appendix 3Y
Change of Director's Interest Notice

No. of securities held after change	14,852,012 FPOS 1,679,973 CCOOA Options
Nature of change Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	1,434,023 FPOS 717,011 CCOOA Options Allocation under rights offer top up placement approved at the 2024 AGM 5,714,286 FPOS - director fees approved at the 2024 AGM

Part 2 – Change of director's interests in contracts

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

Detail of contract	N/a
Nature of interest	
Name of registered holder (if issued securities)	
Date of change	
No. and class of securities to which interest related prior to change Note: Details are only required for a contract in relation to which the interest has changed	
Interest acquired	
Interest disposed	
Value/Consideration Note: If consideration is non-cash, provide details and an estimated valuation	
Interest after change	

Part 3 – ⁺Closed period

Were the interests in the securities or contracts detailed above traded during a ⁺closed period where prior written clearance was required?	No
If so, was prior written clearance provided to allow the trade to proceed during this period?	

⁺ See chapter 19 for defined terms.

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If prior written clearance was provided, on what date was this provided?	
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