

CEO and Managing Director Departure and Appointment of Interim CEO

Nutritional Growth Solutions Limited (ASX: NGS) ("NGS" or "the Company") advises that, by mutual agreement, Mr. Stephen J. Turner will depart from his role as Chief Executive Officer and Managing Director, effective 30 January 2026.

Mr. Turner will continue his employment with NGS until the effective date to ensure an orderly transition, including the handover of all Company information, systems, and operational responsibilities. All remuneration and entitlements due to Mr. Turner will be paid in full up to the departure date, constituting a full and final settlement.

The Board also announces that Mr. Andrew Grover, currently a Non-Executive Director, will step in as Interim Chief Executive Officer until a permanent CEO is appointed.

The Board thanks Mr. Turner for his contributions to NGS and wishes him well in his future endeavours.

Andrew Grover is a seasoned executive and investor with over 30 years' experience founding, scaling, and exiting multiple businesses across technology, healthcare, and professional services. Currently Executive Chair of Echo IQ (ASX: EIQ), where the market cap has grown substantially since his appointment. He is known for driving strategic rebuilds, building high-performance leadership teams, and delivering sustained commercial growth. Andrew Grover will not receive any additional remuneration for this position.

-ENDS-

This announcement has been authorised for release by the Board.

For further information, please contact:

Andrew Grover

Interim CEO

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About Nutritional Growth Solutions

Nutritional Growth Solutions is a global nutritional health company focused on the well-being of children. Nutritional Growth Solutions is a global nutritional health company focused on the well-being of children. NGS develops, produces and sells clinically tested nutritional supplement formulae for children following 20 years of medical research into pediatric nutrition at Schneider Children's Medical Centre, Israel's largest pediatric hospital. The nutritional supplements market has experienced tremendous growth in recent years, but most attention has been focused on adult users and children under three years of age. The three to twelve-year-old consumers represent a larger market opportunity and NGS is highly differentiated from its competitors with clinically tested products and an expanding product portfolio to capture this market opportunity.

<https://healthyheights.com/> <https://ngsolutions.co>