

BOARD AND EXECUTIVE UPDATE

Nutritional Growth Solutions Limited (ASX: NGS) ("NGS" or "the Company") advises the following updates to its board and executive roles effective today:

Director, Mr Manik Pujara, will assume the executive functions of the CEO and CFO on an interim basis while the Company continues to explore corporate opportunities as noted in the Quarterly Activities Update released on 30 January 2026. There are no changes in Mr Pujara's current remuneration.

With this change, Mr Andrew Grover has stepped down as interim CEO and continues as non-executive Chair.

This announcement has been authorised for release by the Board.

For further information, please contact:

Andrew Grover

Chair

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About Nutritional Growth Solutions

Nutritional Growth Solutions is a U.S. based health, nutrition, and wellness company. NGS develops, produces and sells clinically tested nutritional supplement formulas for children following 20 years of medical research into pediatric nutrition. The nutritional supplements market has experienced tremendous growth in recent years, but most attention has been focused on adult users and children under three years of age. The three-to twelve-year-old consumers represent a larger market opportunity, and NGS is highly differentiated from its competitors with clinically tested products and an expanding product portfolio to capture this market opportunity.

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